

# MASTERING MIDLIFE™ MENTORSHIP

## January 2024 Class Syllabus

<b>Class Week</b>	<b>Class Material</b>	<b>Group Mentorship Calls</b>
<b>Week 1</b>	<b>Undergraduate Modules 1-3 delivered:</b> 1/8/24	<b>Tuesday, 1/9/24, 11-12:30pm EST (UTC-5)</b> Launch Party & Community Introductions
<b>Week 2</b>	<i>Work week</i>	
<b>Week 3</b>	<b>Graduate Modules 1-4 delivered:</b> 1/22/24	<b>Tuesday, 1/23/24, 11-12:30pm EST (UTC-5)</b> Guest Speaker (tentative)
<b>Week 4</b>	<i>Work week</i>	<b>Tuesday, 1/30/24, 11-12:30pm EST (UTC-5)</b> Community & Review Call
<b>Week 5</b>	<b>- Break Week -</b> <i>No new material</i>	<b>Use for Catch-Up!</b>
<b>Week 6</b>	<b>Graduate Modules 5-8 delivered:</b> 2/12/24	<b>Tuesday, 2/13/24, 11-12:30pm EST (UTC-5)</b> Guest Speaker
<b>Week 7</b>	<i>Work week</i>	<b>Tuesday, 2/20/24, 11-12:30pm EST (UTC-5)</b> Community & Review Call
<b>Week 8</b>	<i>Work week</i>	
<b>Week 9</b>	<b>PostGraduate Modules 1-3 delivered:</b> 3/4/24	
<b>Week 10</b>	<i>Work week</i>	<b>Tuesday, 3/12/24, 11-12:30pm EST (UTC-5)</b> Community & Review Call
<b>Week 11</b>	<b>PostGraduate Modules 4-7 delivered:</b> 3/18/24	

<b>Week 12</b>	<i>Work week</i>	<b>Tuesday, 3/26/24, 11-12:30pm EST (UTC-5)</b> Guest Speaker
<b>Week 13</b>	<b>- Break Week -</b> <i>No new material</i>	<b>Use for Catch-Up!</b>
<b>Week 14</b>	<b>Residency Modules 1-3 delivered:</b> 4/8/24	
<b>Week 15</b>	<i>Work week</i>	<b>Thursday, 4/18/24, 11-12:30pm EST (UTC-5)</b> Community & Review Call
<b>Week 16</b>	<i>Work week</i>	
<b>Week 17</b>	<i>Work week</i>	
<b>Week 18</b>	<b>Peer Cases assigned:</b> 5/6/24	
<b>Week 19</b>	<i>Work week</i>	<b>Tuesday, 5/14/24, 11-12:30pm EST (UTC-5)</b> Community & Review Call
<b>Week 20</b>	<i>Work week</i>	
<b>Week 21</b>	<b>Exam Window opens:</b> 5/27/24	
<b>Week 22</b>	<b>- Study Week -</b> <i>No new material</i>	
<b>Week 23</b>	<b>- Study Week -</b> <i>No new material</i>	
<b>Week 24</b>	<b>Exam Window closes:</b> 6/17/24	<b>Tuesday, 6/18/24, 11-12:30pm EST (UTC-5)</b> Final Q/A & Graduation Party

*If you have questions about the class syllabus, please email [hello@wiseandwell.me](mailto:hello@wiseandwell.me)*