



MASTERING MIDLIFE MENTORSHIP

April 2023 Class Syllabus

Class Week	Class Material	Group Mentorship Calls
Week 1	Undergraduate Modules 1-3 delivered: 4/10/23	Tuesday, 4/11/23, 11-12:30pm EST (UTC-5) Launch Party & Community Introductions
Week 2	<i>Work week</i>	
Week 3	Graduate Modules 1-4 delivered: 4/24/23	Tuesday, 4/25/23, 11-12:30pm EST (UTC-5) Guest Speaker
Week 4	<i>Work week</i>	Tuesday, 5/2/23, 11-12:30pm EST (UTC-5) Community & Review Call
Week 5	- Break Week - <i>No new material</i>	Use for Catch-Up!
Week 6	Graduate Modules 5-8 delivered: 5/15/23	Thursday, 5/18/23, 11-12:30pm EST (UTC-5) Guest Speaker
Week 7	<i>Work week</i>	Tuesday, 5/23/23, 11-12:30pm EST (UTC-5) Community & Review Call
Week 8	<i>Work week</i>	
Week 9	PostGraduate Modules 1-3 delivered: 6/5/23	
Week 10	<i>Work week</i>	Tuesday, 6/13/23, 11-12:30pm EST (UTC-5) Community & Review Call
Week 11	PostGraduate Modules 4-7 delivered: 6/19/23	

Week 12	<i>Work week</i>	
Week 13	- Break Week - <i>No new material</i>	Use for Catch-Up!
Week 14	Residency Modules 1-3 delivered: 7/10/23	
Week 15	<i>Work week</i>	Tuesday, 7/18/23, 11-12:30pm EST (UTC-5) Community & Review Call
Week 16	<i>Work week</i>	
Week 17	<i>Work week</i>	
Week 18	Peer Cases assigned: 8/7/23	
Week 19	<i>Work week</i>	Tuesday, 8/15/23, 11-12:30pm EST (UTC-5) Community & Review Call
Week 20	<i>Work week</i>	
Week 21	Exam Window opens: 8/28/23	
Week 22	- Study Week - <i>No new material</i>	
Week 23	- Study Week - <i>No new material</i>	
Week 24	Exam Window closes: 9/18/23	Tuesday, 9/19/23, 11-12:30pm EST (UTC-5) Final Q/A & Graduation Party

If you have questions about the class syllabus, please email hello@wiseandwell.me